

THE FATAL FOUR SYMPTOMS OF

TYPE 1 DIABETES



RECOGNISING THE SIGNS SAVES LIVES

- ◆ EXCESSIVE THIRST?
- ◆ MORE FREQUENT URINATION?
- ◆ RAPID WEIGHT LOSS?
- ◆ EXTREME TIREDNESS?



If you recognise these symptoms ask your GP for a blood sugar test immediately. Learn more at AdamBellFoundation.org.uk



UK Registered charity
(1115093)

**DIABETES
BY DESIGN**

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